

nourishe health & wellness



Data Privacy Policy

December 2021

I collect personal information from all my clients, including your:

- name
- contact information
- date of birth
- gender (Naturopathic clients only, if relevant to treatment)

From 3 December 2021, I will also need proof of vaccination, or exemption, from you. I may also ask general questions around your covid status such as current health, contact with covid positive people, visits to areas where there is active covid.

I collect your personal information in order to:

- register you as a client of nourishe and to better enable me to provide you with the most appropriate treatment suggestions & recommendations

Providing some information is optional. If you choose not to enter detailed health information, I'll be unable to recommend treatment options individualised or specific to yourself.

I keep your information safe by storing it securely in either or both a secured filing cabinet or cloud based storage and only myself, Deborah Wright, Naturopath has access to this information.

I keep your information for ten years at which point I securely destroy it by shredding any paperwork or destroying any digital files.

You have the right to ask for a copy of any personal information I hold about you, and to ask for it to be corrected if you think it is wrong. If you'd like to ask for a copy of your information, or to have it corrected, please contact Deborah at:

deborah@nourishe.co.nz