

nourishe health & wellness



Data Privacy Policy

November 2021

We collect personal information from you, including your:

- name
- contact information
- location
- interactions with us
- Date of Birth

We collect your personal information in order to:

- register you as a client of nourishe and to better enable us to provide you with the most appropriate treatment suggestions & recommendations

Providing some information is optional. If you choose not to enter detailed health information, we'll be unable to recommend treatment options individualised or specific to yourself.

We keep your information safe by storing it securely in either or both a secured filing cabinet or cloud based storage and only Deborah Wright, Naturopath has access to this information .

We keep your information for ten years at which point we securely destroy it by shredding any paperwork or destroying any digital files.

You have the right to ask for a copy of any personal information we hold about you, and to ask for it to be corrected if you think it is wrong. If you'd like to ask for a copy of your information, or to have it corrected, please contact us at

[info@nourishe.co.nz](mailto:info@nourishe.co.nz)

p: 6445697832